

## TO START THE DAY

BAHARAT SPICED RICE PORRIDGE  
+ROAST PLUMS [Ve]

4

## BREADS

BAGELS [V]

1 for 1.25 / 4 for 4.5

PITAS [Ve]

1 for 1.25 / 5 for 5

## DIPS

LABNEH + PUMPKIN SEED RELISH [V]

4.5

BUTTER BEAN HUMMUS + HARISSA [Ve]

4.5

GREEN WHIPPED FETA [V]

5

SCHMEAR [V]

2.5

# ~~THE~~ LE GOOD EGG BAGELS DE MONTREAL

## MONTREAL BAGELS

PBJ: PISTACHIO BUTTER, BLACKBERRY  
JAM, CREAM CHEESE + STREUSEL [V]

5

HARISSA EGG MAYO + CRISPY BACON

6.5

LOX + CREAM CHEESE

7.5

EGG MAYO + SMOKED CHEDDAR [V]

5.5

## HOT BAGELS

HOUSE CURED SALT BEEF, MUSTARD  
BECHAMEL, SMOKED CHEDDAR,  
GARLIC + DILL KRAUT + PICKLES

8

MERGUEZ MEATBALL, HARISSA,  
SHAKSHUKA SAUCE, SMOKED  
CHEDDAR + PINK PICKLES

8.5

SPICED SQUASH, FETA + MOZZARELLA,  
ZHOUG, ONION + DATE RELISH +  
CORIANDER [V]

7

## POUTINE

FRIES TOPPED WITH CHEESE  
CURDS, GRAVY, HOUSE CURED SALT  
BEEF + PICKLES

11

HAWAIJ SPICED FRIES [Ve]

4

## SABIH

IRAQI AUBERGINE PITA W/  
FUDGEY EGGS, TAHINI, AMBA,  
DAK DAK, PICKLES + ZHOUG

9

(no pita [GF] or no egg [Ve] 8.5)

## SWEET THINGS

CHOCOLATE BABKA [V]

Whole mini 12 / By the slice 4

MORNING BUNS [V]

4

MALABI [Ve]

4.5