

TO START THE DAY

BAHARAT SPICED RICE PORRIDGE
+ROAST PLUMS [Ve]
4

BREADS

BAGELS [V]
1 for 1.25 / 4 for 4.5

PITAS [Ve]
1 for 1.25 / 5 for 5

DIPS

LABNEH + PUMPKIN SEED RELISH [V]
4.5

BUTTER BEAN HUMMUS + HARISSA [Ve]
4.5

GREEN WHIPPED FETA [V]
5

SCHMEAR [V]
2.5

~~THE~~ LE GOOD EGG BAGELS DE MONTREAL

Open 8-4. Every day.

MONTREAL BAGELS

PBJ: PISTACHIO BUTTER, BLACKBERRY
JAM, CREAM CHEESE + STREUSEL [V]
5

HARISSA EGG MAYO + CRISPY BACON
6.5

LOX + CREAM CHEESE
7.5

EGG MAYO + SMOKED CHEDDAR [V]
5.5

HOT BAGELS

HOUSE CURED SALT BEEF,
MUSTARD, SMOKED CHEDDAR,
GARLIC + DILL KRAUT + PICKLES
8.5

MERGUEZ MEATBALL, HARISSA,
SHAKSHUKA SAUCE, SMOKED
CHEDDAR + PINK PICKLES
8.5

SPICED SQUASH, FETA + MOZZARELLA,
ZHOUG, ONION + DATE RELISH +
CORIANDER [V]
7

SABIH

IRAQI AUBERGINE PITA W/
FUDGEY EGGS, TAHINI, AMBA,
DAK DAK, PICKLES + ZHOUG
9

(no pita [GF] or no egg [Ve] 8.5)

SWEET THINGS

CHOCOLATE BABKA [V]
Whole mini 14
By the slice 4

MORNING BUNS [V]
4

THE GOOD EGG AT HOME

If you can't make it to us, we'll come to you. You can order bagels for local delivery on Deliveroo + Uber Eats. And if it's a babka you're after, we deliver across the whole of the UK + Wales. Just place your order online at thegoodegg.slerp.com